



**Physical examination****Diagnose:****RMD contact Y/N**

## General E2, E3

General impression, consciousness, colour, anxiety, shortness of breath, perspiration	swollen glands neck, jaw, armpit, groin
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## chest E4

look	listen lungs: lung murmur, differences left-right
listen heart: frequency, irregular, murmur	

## abdomen E4

look	listen: bowel sounds, silent belly, ping sounds
feel abdominal wall: flexibel, muscle resistance, plank hard	feel abdominal qtadrants: pressure and release pain, mirror pain

## observations E1

time	blood pres.	puls	temp.	resp.	remarks	time	blood pres.	puls	temp.	resp.	remarks
hr		m	°C	m		hr		m	°C	m	
hr		m	°C	m		hr		m	°C	m	
hr		m	°C	m		hr		m	°C	m	
hr		m	°C	m		hr		m	°C	m	
hr		m	°C	m		hr		m	°C	m	
hr		m	°C	m		hr		m	°C	m	